

APPOINTMENT CALENDAR, BY WEEK

Visit www.calgaryvasculitis.com to access all worksheets.

Week of: _____

MONDAY	<input type="checkbox"/>
TUESDAY	<input type="checkbox"/>
WEDNESDAY	<input type="checkbox"/>
THURSDAY	<input type="checkbox"/>
FRIDAY	<input type="checkbox"/>
SATURDAY	<input type="checkbox"/>
SUNDAY	<input type="checkbox"/>

Notes:

APPOINTMENT DETAILS

Use this sheet to plan the details of an appointment in advance

Date: _____

Time: _____

Location: _____

Provider Name: _____

Reason:

- Office Visit
- Imaging
- Lab Work
- Treatment
- Other _____

Transportation:

Lodging:

Questions for the Healthcare Team:

Notes:

Appointment Tote Bag Checklist

Don't forget to take these items with you, especially on long appointment days.

- Medical history
- List of medications
- Health insurance card
- List of questions
- Book, magazine, puzzle book
- Music player and headphones
- Phone charger
- Water bottle
- Snacks
- _____
- _____
- _____